TRICARE
Your Military Health Plan

Reserve Component Benefits

Inactive Duty Status
or
Active Duty Less Than 30 Days

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Health and Dental Coverage

- Health: Line-of-duty care only
  - Any injury, illness, or disease incurred or aggravated in the line of duty
  - No family member medical coverage
- Dental: TRICARE Dental Program
  - Premium-based coverage that can be purchased

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Line of Duty Coverage

- Any injury, illness, or disease incurred or aggravated in the line of duty
- Includes emergency care
- Covered portal-to-portal
  - From departure directly to duty location
  - Through entire duty period including liberty/leave time in drill weekend
  - To arrival home direct from duty location
- Coordinate line of duty care through unit commander or designated medical representative

Note: Family members are not eligible for health coverage when you are on military duty for 30 days or less

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TRICARE Dental Program (TDP)

- Voluntary dental plan for purchase
  - Before activated
  - Upon de-activation (during TAMP period)
  - After TAMP period (between active duty rotations)
- Eligibility
  - Selected Reserve
  - Individual Ready Reserve
  - Family members
- Enrollment lock-in for 12 months
  - Lock-in may not apply to family members if Reserve Component member is activated

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TDP Coverage

- 100 percent coverage
  - Diagnostic, Emergency, and Preventative Services
- Cost-shares for other services
  - Some reduced cost-shares E-1 to E-4
- Maximum benefits per person

  $1,200 annual (routine care dental care)

  $1,500 lifetime (orthodontic care)
- Visit www.ucci.com

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TDP Monthly Premiums

- **Reserve Component Member Premiums***
  - Selected Reserve $9.32
    (and IRR special mob category)
  - Individual Ready Reserve (IRR) $23.31

- **Family Member Premiums***
  - 1 family member only $ 23.31
  - 2+ family members $ 58.27

*Reserve Component member and family member coverage is purchased separately.

Note: Premium amounts are accurate through 1/31/2006.

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Uniformed Services Employment Reemployment Rights Act (USERRA)

- Health care protections include:
  - The right to elect to continue existing employer-based health plan for sponsor and dependent
  - Coverage for up to 24 months while on active duty
  - The right to be reinstated in employer's health plan when reemployed

- For more information
  - 1-800-336-4590
  - www.esgr.org

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Information and Assistance

- DEERS
  - Find the 3 closest I.D. card or personnel offices www.dmdc.osd.mil/rsl/
  - Bring proper documentation (e.g., marriage certificate, birth certificate, divorce decree, etc.)
  - Call 1-800-538-9552 for more information
- Eligibility
  - Determined by Service/Reserve Component
  - Reserve Affairs www.defenselink.mil/ra/
  - Verify though Guard/Reserve Portal: https://www.dmdc.osd.mil/Guard-ReservePortal
- Health Benefits
  - www.tricare.osd.mil/reserve
- TRICARE Dental Program
  - www.ucci.com or 1-800-866-8499

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